

Jesus Prayer

The Jesus Prayer begins with the recitation of Psalm 150

This is Sung

Praise God in His temple on earth
Praise Him in His temple in heaven
Praise Him for His mighty deeds
Praise Him for His glory
Praise Him with blasts of the trumpet
Praise Him with lyre and harp
Praise Him with drums and dancing
Praise Him with strings and pipe
Praise Him with clashing cymbals
Praise Him with clanging cymbals
Let everything that breaths, Praise the Lord
Alleluia

Then the Trisagion Prayer

From here down, it is Spoken

Holy God! Holy the Mighty One! Holy the Immortal One! Have mercy on us. (thrice)

Glory be to the Father, and to the Son, and to the Holy Spirit,
Now and always and ever and forever. Amen

Holy is God! Holy the Mighty One! Holy the Immortal One! Have mercy on us.

The tassel is in honor of the Virgin. We say: (triangle bead)

It is truly and proper and right to call you blessed, Oh Mother of God.

You are ever-blessed and all-blameless, and the Mother of our God.

Higher in honor than the Cherubim, and more glorious without compare
than the Seraphim, you gave birth to God the Word in virginity.

You are truly the Mother of God. You we magnify.

(Then on the beads, pray)

Regular Time

Lord Jesus Christ, Son of God, Have mercy on me the sinner.

Christmastide

Lord Jesus Christ, Son of God, Born of the Virgin, Have mercy on me the sinner.

Eastertide

Lord Jesus Christ, Son of God, Risen from the dead, Have mercy on me the sinner.

This is prayed on the KOMBOLOI. If there are large beads, then the prayer to the Virgin is recited on them as it was on the tassel

